

Can you Learn to Draw in 10 Minutes?

Keep things simple!

Vary your tools and find the ones that resonate best with you! Try some of the following...

Pencils, fine tipped and fat markers, colored pencils, neocolor 2 pastels and if you really have a block about drawing vs painting, just draw with a brush!



Try either using a watercolor brush and ink or watercolor or gouache if you feel better using a painting medium.

Experiment until you find something that clicks and works best for you. The most important thing is to start and just draw a small amount each day or even several times per week.

Once you sit down with your sketchbook you want to get straight to work so don't over think it, just get down to work.

Here are some simple prompts to get you started.

Drawing Prompts:

Fruits & Vegetables try onions, potatoes, carrots, pears, apples, etc.

Flowers & plants

Your shoe

Your smart watch

Your reading glasses

A can or box from the pantry

Your coffee or tea cup

Something on your table

Your hand

A self portrait

Your pet

A stack of books

An appliance i.e. a toaster, blender, can opener etc.

A chair

Pattern from a fabric

Household objects: a fan, a tv set, a bookcase, an ottoman, a plant in a pot

You can also explore creative ideas such as sketching a breakfast item, a pet's face, an object that casts a shadow like a jar, or a flower. You can also practice abstract drawings by focusing on shapes, lines, and shading, or try drawing simple, repeating patterns using organic objects with leaves and other nature items like shells.

Learning to Draw

- Keep Your Drawing Tools Ready
- Make drawing part of your daily routine
- Draw for 10 minutes a day
- Document the objects around you
- Be Kind to Yourself
- Work in a Series – re-drawing the same things more than once is OK!
- Have fun!

Don't forget to:

Date each piece

Save everything so you can see your progress!

Sign or initial your work! It's a good habit to get into

